Changing Times

A MAGAZINE FOR NEWCOMERS TO SOUTHWEST SASKATCHEWAN

AUTUMN 2013



Remembering Remembrance Day

SOUTHWEST NEWCOMER
WELCOME
CENTRE

From the Editor:

This is the first time I've sat in the editor's seat of Changing Times. As a result, you may notice a few changes to the layout of the front cover. I have been here, both at the Newcomer Welcome Centre and in Swift Current, just over three months now. Swift Current is not a big town but in some ways, I still feel like a newcomer. I'm happy to report, however, that it's been over two months since I've driven the wrong way down a one-way street. And I've figured out that 610 6th Ave. NE, for example, is not across the street from 611 6th Ave NW, whether it seems it should be, or not!

I may be a newcomer to this town but I'm certainly not a newcomer to Canada's winters. What seems old hat (or should I say old toque?!) to me is not so clear to those who have never experienced sub-zero temperatures. Therefore, a good portion of this issue will be dedicated to preparing folks to meet Old Man Winter. In it you'll find (I hope!) a good deal of useful information, with liberal amounts of humour mix in the lot.

Thank you to both the staff and the clients of the NWC for welcoming me. I hope you'll enjoy this issue as much as I (with some invaluable help from others) have put together for you.

Blessings.

Mark

Say Hello to Our New Interns!



Aaren Kaufmann is a grade twelve student doing her practicum for Work Experience, a class at the Comp. She has a pet tortoise named George, and a dwarf hamster named Gus. (Isn't a hamster quite "dwarfed" to begin with?!) She is from just outside of town in the village of Waldeck. Aaren has plans to go to university to study English as she would d like to teach ESL in the future.



Nicole Darby is a fourth year Social Work student at the University of Regina, She is delighted, she says, to be doing her practicum here at the NWC. She has a passion for working with people, hearing their stories and is a champion for social justice. She and her husband Regan (pictured on the back cover) have three

beautiful, young children. Drop in to the NWC on a Monday or Wednesday until December and tell her your story!

Feeling Better in Winter:

Take a multivitamin that includes vitamin D. In fact, some studies recommend a daily, additional (separate) tablet with at least 1000 IU of vitamin D. In nature, vitamin D is created by the sun's rays on the skin, and therefore declines during the winter. Although studies of the effect of vitamin D supplements on SAD (Seasonal Affective Disorder), (or winter depression), have come up with varied results, a good multivitamin will help with energy levels, regardless.

DIG OUT YOUR PARTY HATS AND PREPARE TO GO WILD:

SWIFT CURRENT IS TURNING 100!

The Swift Current Centennial committee is very excited about the upcoming events that are beginning to take shape in preparation for the 100-year celebration that begins on January 15th,2014. We have been working extremely hard over the past two years and have put together some very good events that we know this city will be very excited about, and proud to be a part of. With the help of more than thirty volunteers, in areas of marketing and communi-

cation, events coordination, sponsorship, as well as the head committee itself, many hours have already been logged to create these events. We are proud to say that the first of three events will be held at the Credit Union I-Plex on the evening of January 15th, 2014, with the doors opening to a walk-through-museum-like experience on the ice surface at 5:30 p.m. This event is designed to be inclusive of every age and ethnic group; and every resident,



be they long-time resident or newcomer to our community. We really strive to show our citizens not only what the city has become, but also to provide some example of the groups that got us to where we are and possibly where we are heading. We have already had a tremendous show of support from local organizations that will be showcasing their long time commitment to our community, as well as many that will be providing fun games and activities for the kids to participate in. There will be a dinner served prior to the formal performance. Residents will be encouraged to tour around the I-Plex and to see all that we have to offer, and then to take their seats for a Cen-

tennial Extravaganza pageant that will honor the past, celebrate the present, and welcome the future. The formal presentation will involve Mayor Jerrod Schafer, Premier Brad Wall and will be followed by arts and culture performances by local entertainers. The evening will wrap up with a cutting of the cake. People will have an opportunity to mingle and take in many of the great history booths that will be both educational and visually appealing. This will be a great opportunity for new people to our city to learn more about how Swift Current has changed over the years and will provide some insight into the history of our city. There will be many opportunities for people to get involved in this event and they can do so by contacting Lenora Bells, the volunteer coordinator throughout the year, at the Swift Current Ag and Ex. She can be reached at 306-773-2944.

The other two events will be held later in the year. The second one will be in conjunction with the Frontier Days, June 27-30, and will be the Home Coming Weekend. This event will be sure to impress people; we intend to make this the biggest weekend Swift Current Residents have ever seen! The year will be capped off with the third event, a tree lighting ceremony in Market Square. This event is scheduled for November 28, 2014. If anyone is interested in getting involved, please coordinate with Lenora Bells, as well.

Travis Cuthbert, Event Coordinator

NEW ACT PROCLAIMED REGARDING PROTECTION OF NEWCOMERS IN THE EMPLOYMENT SECTOR!

The Foreign Worker Recruitment and Immigration Services Act (FWRISA) and Regulations was proclaimed 11/10/2013. Some key provisions of the act are:

Employers hiring through SINP must be registered, and be in good standing. This means employers with Labour Standards, OH&S or Program Integrity fines/current investigations are not eligible.

Recruiters must be licensed with the SK Ministry of the Economy. (continued on page 13)

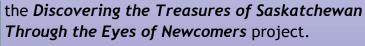
Greetings from the Editor	2
Swift Current's 100th Birthday	3
New Laws Protecting Newcomers!	3
Discovering the Treasures of SK	4
Remembering Remembrance Day	6
Winter Survival on the Prairies	8
Getting the 'Shot'	9
From There to Here	10
Winter Driving	12
Upcoming Flu Clinics	13
Say It Again, Sam	14
Arrivals and Reunions	15
Recent Happenings	16

Lakes, Sand, and ... Milking Cows?!

Thanks to the generous support of the Multicultural Council of Saskatchewan and the Kiwanis

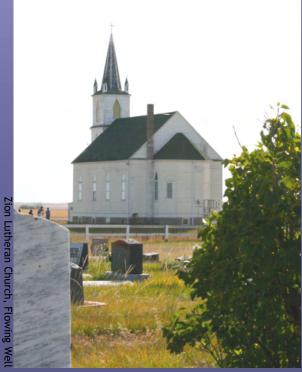


Club, to date, two groups of new-comers and some of the staff of the Newcomer Wel-come Centre have been able to take two Saturday daylong trips around southwestern SK, participating in









Our first trip took us northeast of Swift Current, for a dinner-cruise on Lake Diefenbaker aboard the Betty Lou. Both the weather and the scenery were magnificent. In fact, one newcomer said it reminded him of being back home in Puerto Galera, Philippines!

When the boat cruise was finished, the group took some very dusty *grid* roads—prairie talk for dirt roads to a place called Flowing Well. Flowing Well is a town that *used to be*; that is, while once a thriving community, there is nothing left anymore except an old Lutheran Church. This church is significant because of its architecture which is clearly German in nature.

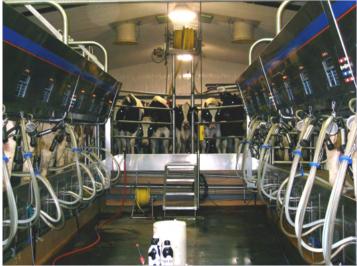
On the second trip we traveled westward, almost to the Alberta border. Our destination was the Great Sandhills. This is another of Saskatchewan's natural wonders, nestled modestly out in the



middle of nowhere. On the way to the Sandhills, we stopped at a museum in Sceptre, The Great Sandhills and Interpretive Centre, that portrays the life of prairie folk a century ago. Sceptre is a

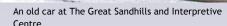
The Great Sandhills

After a late lunch, we headed to a Hutterite colony, our final destination of the day. It was a fascinating experience and we were received very hospitably. The kids in the group were at once aghast and delighted when a young calf sucked on their fingers.



Cows being milked at the Estuary Hutterite Colony

For one newcomer on the trip, the highlight was drinking fresh whole milk straight (almost) from the cow! He also loved plants the animals, and



mystery.

tiny village and its museum would make any large city proud! Newcomers had fun identifying things of yestervear that were the same here as in their homeland. as well as guessing at things that were completely a

varied and vastly different from his home in South Africa.



Why the Poppy? Every year in Canada, starting at the beginning of November, if not a little sooner, poppies start appearing on the lapels of Canadians *from sea to shining sea*. These red, flocked* plastic flowers with black centres, on stick pins, are worn with pride and bittersweet memories. But what do they represent?

In Flanders fields the poppies grow**

Between the crosses, row on row,

That mark our place; and in the sky

The larks, still bravely singing, fly

Scarce heard amid the guns below.

So starts one of the most well-known poems to Canadians. But what does it mean? What is a Flanders field? What's a poppy? What are larks and why are they flying among guns?

In May of 1915, there was fierce fighting near the city of Ypres (pronounced ee-'PRə), in the province of Flanders, Belgium, between Canadian and German troops. Though the Canadi-

ans were outnumbered, and for the
first time in history, the
Germans were using
chemical warfare in addition to conventional
weapons of warfare, for
two weeks the Canadian soldiers held the
line, and were ultimately triumphant,
even though casualties
were very high.



Canadian physician and Lieutenant Colonel, John McCrae was a gunner and medical officer during the First World War. On May 3, 1915, after presiding over the funeral of friend and fellow soldier who died in the Second Battle of Ypres, McCrae was looking out over the many graves of the soldiers who had been killed in the preceding days. Because of the high number of casualties, and the inherent danger of being exposed on open ground, the dead were hurriedly buried in rows, one after the other, with only a simple cross used as a grave marker.

Poppy Etiquette

- * The poppy should be worn as close to the heart as possible on the left lapel of the outermost garment.
- * An old poppy should never be reused.
- * Poppy's found lying on the ground should be placed in a cemetery or at the foot of a war monument.

Because of the ravages of war on the soil, most flowers died out, but miraculously, the iconic red poppy thrived. McCrae, whose hobby was writing poetry, was inspired by the sight of a bright red splash of beauty and the birds flying over it amidst the ugliness of war. He sat down and penned the poem mentioned above. It was published in a British magazine on December 8th of that same year. To use a term of today, it immediately went viral, a feat in itself, as international, instantaneous communication was unheard of.

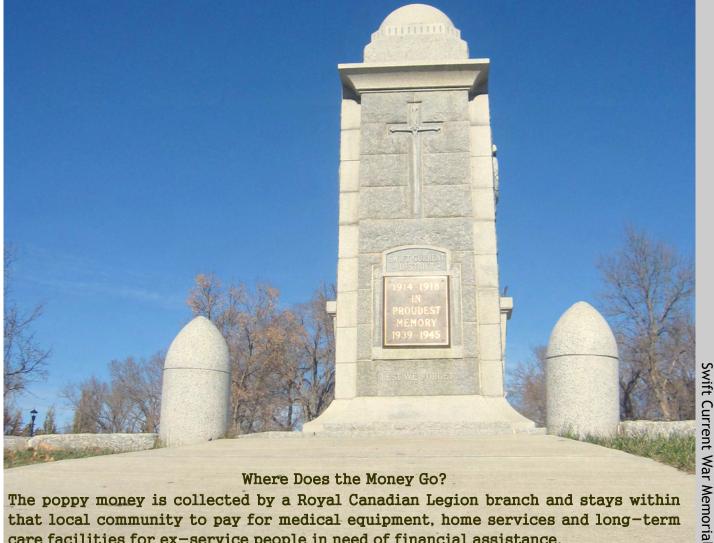
^{*} Flocking is the process by which a soft velvet-like surface is put on a plastic backing.

^{**} There is some disagreement as to whether this word should be *blow* or *grow*. However the poet, himself, interchanged the words from time to time, when he wrote it by hand.

Since then, the poppy has been used, in the two weeks leading up to Remembrance Day, on November 11th, to remind people of the ultimate commitment

of soldiers around the world who have died in battle. Poppies are never sold. It is understood by Canadians that a donation should be made to those providing the poppies. These days, the average donation is a loonie, and the money raised, in recent years, approaches 16.5 million dollars, annually. This is a testament to Canadians and their wide respect for our troops! Starting this year - to be available in November 2014 - the iconic poppies will be assembled by inmates of the Federal Correctional System.





The poppy money is collected by a Royal Canadian Legion branch and stays within that local community to pay for medical equipment, home services and long-term care facilities for ex-service people in need of financial assistance.

LEST WE FORGET IS A PHRASE THAT MEANS WE CONTINUE TO MAKE THESE MONUMENTS, AND HAVE DAYS OF REMEMBRANCE. LEST WE (WHICH MEANS SO WE DON'T) FORGET.



Winter Survival in the Prairies!

Whether you are spending your first winter on the Prairies, or have already experienced its unforgiving wind-chills and reduced hours of sunlight, we can all use a little reminder to prepare ourselves for the winter season ahead. There are some simple things we can all do to protect ourselves and our families this winter, from getting the flu vaccine, to making sure our vehicles are winter-ready, to sending our children properly dressed for school! Here are a few tips on Prairie Winter Survival....

First let's define a few things...

Frostbite

Frostbite is a condition where skin tissue is damaged, and in extreme cases destroyed, due to exposure to extreme cold. Frostbite is a serious condition that can easily occur within minutes when temperatures are cold enough. It should be taken quite seriously, especially for children whose skin is more susceptible to this condition than adults. Before leaving in the morning, make sure you are aware of the temperature and wind-chill. Most radio or on-line weather sites will actually provide a reference to how fast frostbite will occur if it is deemed a risk that day. The best way to prevent frostbite is to make sure as little skin as possible is exposed on a cold

day. This can be done with layers of clothing, scarves, mitts, boots and toques (hats).

The Weather Swift Current, SK Weather: Current Weather Bullion Weather: Current Weather Grant State Stat

Wind-Chill

Wind-chill refers to the perceived decrease in temperature felt by the body due to the cold, blowing wind. Often you will hear, or read, the temperature followed by what the temperature actually "feels" like. In Canada, wind-chills can get well below -40*C on some really cold days! Protect against wind-chill by making sure you bundle up yourself and children (in layers is best) before you leave for work or school in the morning!

On a side note, Canadian meteorologists can be proud that the concept of wind-chill is theirs and is now being used around the world. Further, though you won't hear it mentioned again for several months, for sure, the humidex is the opposite of the wind-chill factor. On really hot days, the higher the humidity, the hotter it seems to us. This, too, was a Canadian concept, originally.

Flu Shots

Influenza (abbreviated 'flu') is a serious illness that can lead to hospitalization and sometimes even death. Every flu season is different, and the virus can affect people differently. Even healthy people can get very sick from the flu and spread it to others.

That the flu occurs most often in winter and not summer might

the cold temperatures kill it, even a little? The flu virus is present all around us yearround but in winter, everyone tends to keep their doors and windows closed. The lack of fresh air circulation means the virus can become more concentrated in the stale air, hence the prevalence of flu in winter.

An annual flu vaccine is the best way to reduce the chances that you will get seasonal flu and spread it to others. The more people get vaccinated against the flu, the less flu can spread through that community. The "flu season" in Canada can begin as early as October and last until as late as May.

Choosing to be vaccinated against the flu is a personal decision to be made by each family. The flu vaccine contains a little bit of 'dead' flu virus. Because it is dead, it won't make you sick but it still triggers your body to create defenses against the live virus. There are no side effects from the vaccine other than your shoulder, where you get the shot, may be a little sore for the following 24 hours, or so. Here in the Southwest, Flu Clinics are put on by Community Health where you can receive the flu shot quickly and at no charge. You will be asked to fill out a small form and provide your Saskatchewan Health Number. If you cannot make it to one of the clinics you can call the Public Health Office at 306-778-5280 and find out the next available day they are offering vaccines.





"BOWLING" ON THE FROZEN POND: 1. THE SET UP

2. BRACE FOR IMPACT!

Combating "Cabin Fever"

For some, the winter months can seem cold and depressing and seem like they're each sixty-five days long! There are fewer daylight hours and getting bundled up to get outside can feel like a chore, especially if you have youn g children! Throughout this edition of CHANGING TIMES, you will find tips on what you can do to combat those winter blues, as in Ice Bowling, pictured above and below.



3. HOLD ONTO YOUR HATS!

4. DID I GET A STRIKE?!



Liza with a family friend.

digenous people, the *Tainos*, were obliterated through disease and slavery. Through years of political upheaval, the now multi-ethnic Dominicans have achieved the republic they know today, a republic from which the Merengue dance rose from the ashes of slavery to become a national pastime.

Merengue. The dance is truly Caribbean, as partners hold each other in a closed position, and move majestically through frenzied music. At times, the partners switch to open positions to allow for intricate turns without releasing one hand. This is one of the dances that Liza Aimee Franjul Soto knows and loves.

Liza was born in the Dominican Republic. There, she worked in a bank. She desired something more for her life, though, and she didn't want to be dependent on her family for financial support. It was in the Dominican her journey to Canada began. First, she was led to the United Kingdom to upgrade her English skills through a work experience program in the hospitality services. Then, after research-

ing job opportunities, Liza accepted a position to work at a resort in Cypress Hills Inter-Provincial Park. In December 2010, Liza Franjul moved to Maple Creek.

Liza recalls, "I came to Maple Creek, Saskatchewan alone, from the Dominican Republic, with no family members or friends to help and support me... My first impression about Maple Creek was a little bit shocking. I never expected a [ranching] community nearby. There was no public transportation at all, or places to dance."

Liza's introduction into the Canadian workforce was not a smooth one. She was without a car in a region where possessing transportation is essential. She was without proper information on how to complete her temporary foreign worker papers. And she was without community in a town still grappling with the reality of foreigners entering its space. "Making friends in a small town is tough," Liza observes. "In my opinion, small communities tend to protect themselves from strangers. Don't get me wrong. It's normal that human beings try to protect themselves if they do

Our Stories: Journeys from There to Here Dancing the Merengue By Mabel R. Derksen

Dominican Republic. The lush island nation evokes a vibrant image of energy, warmth, music, and dance. It is synonymous with five-star resorts, aquamarine waters, colonial architecture, and hospitable people. We, in Saskatchewan, see the nation as a perfect getaway during our frigid winter months.

Yet, this young nation has a cold history. It was birthed through stages of independence from the subjugation of Spain and Haiti as well as from American occupation. Tragically, the region's in-



not know the character of the newcomer. But once you start getting involved and being yourself, life will get better. Of course, it takes time to build relations between people. Respect is the key to succeed in a new and strange environment. [After all, you need to] respect their culture as you expect them to respect yours."

Liza values respect, as she does honesty. And even

though she was without much in a country whose climate and culture was new to her, observations and experiences gradually replaced her initial naiveté. As she reflects on the challenges of being a temporary foreign worker in southwestern Saskatchewan, she offers hope to others in similar situations: "As a newcomer, your first months will feel like the most exciting and most difficult time of your life. Fear is always there, at first, when your English skills are still low, as in my case.

You are still adjusting to your new job. It is an observation process. You need to take your time to think about any decision making. Search and find the right information to proceed in any circumstances. A great place to start gaining information is by visiting [government websites dedicated to immigration] or by calling the nearest Newcomer Welcome Centre. Please, do not think twice. Do not feel afraid. [These organizations] are there to help us..."

Liza continues, "[As a newcomer], live [honestly]. Unfortunately, you will always find dishonesty anywhere in the world. But [persevere] with faith and hard work and you will see that kind and honest people are always around, too. I have met wonderful people here in Canada that [stand up for truth]. That doesn't mean that

we need to accept mistreatment of any kind. We need to [stand up for our rights] and work [hard] in this life. And we should worry less because God is with us."

Liza's tenacity and determination is to be admired. After settling into her job, she eventually saved enough money to purchase a car and obtained a driver's license. With her car, she achieved a new

> level of independence. She drove to Regina and found a place to dance. "I am a quiet person but I am not afraid of doing things alone."

Yet the Merengue is not a dance to be done alone. It requires a partner, another soul willing to engage in the intricate moves. It requires boldness and courage. Liza has shown these qualities and more, as she left the familiar beaches of home to the unfamiliar prairie landscape of Saskatchewan. She has made a conscience decision to embrace

Canada in this dance called life. She wills herself to have a positive attitude no matter what. She is motivated to learn new steps and improve herself.

It has almost been three years since Liza arrived in Maple Creek. In that time, she has secured more satisfying employment in the health field as a Continuing Care Assistant with Cypress Health Region. She has made a dear friend in an elderly woman named Betty, with whom she resides. She has enrolled in English classes at the Maple Creek campus of Great Plains College. She has made connections with the Newcomer Welcome Centre in Swift Current.

And she is always looking for a great place to dance.

Combating "Cabin Fever"

Exercise - Did you know that one hour of aerobic exercise outside (even when it's cloudy) has the same therapeutic effects as 2.5 hours of light treatment indoors? This is because it raises serotonin levels, which tend to get low when you have the winter blues.

Winter Driving Readiness

Before heading out on the highways, this winter, it is always important to be aware of the winter driving conditions. Driving in Saskatchewan may sometimes include hazards like black ice (ice you cannot visibly see on the road), drifts of snow on the road, and blowing snow that significantly reduces visibility.

Sometimes travel will not be recommended, or the highways be completely shut down in extreme cases. In this part of the country, a good set of winter tires is very valuable in keeping your family safe. Winter tires are different than regular summer tires in that they have different treads that get better traction in snow, and are made of a softer rubber that won't harden in the cold temperatures. They can be purchased at a number of businesses in Swift Current and an appointment can be made to have them put on. Your winter tires can be made even more effective if



you have them *studded*. Studding tires involves embedding small metal rivets in them. As you can imagine, the weight of your car will cause the studs to dig into the ice which gives you much more control of your car.

Another great thing to have in the trunk of your car is a small winter emergency kit to use in case you become stranded while on the road. This kit can be bought from stores such as Canadian Tire or put together at home. It should include things like a blanket, extra hats and wool socks, etc, candles with matches or a lighter, jumper (booster) cables, and a snow shovel. You would be surprised how much heat is given off by one candle flame in a small space such as a car. You'll need jumper cables if your car battery is dead and the car won't start. Jumper cables are the wires you can connect from the good battery of one car to the dead battery of another so that you can start the problem car. You might also include water and non-perishable food items in your kit. High energy foods such as peanut butter or chocolate are great choices. If you choose to have canned goods, don't forget your can-opener!

Note: It is essential to have a good car battery. Old weak batteries are sure to fail you in very cold temperatures. This problem can be *partially* avoided by plugging your car in, during cold weather. Plugging in your car does not use electricity to charge your battery. Instead, it powers a little warmer that prevents your battery (and to some extent the whole engine) from getting too cold.



Right: Not ALL vehicles need winter tires!

Want to take an ESL class? Need to improve your English for your job? Ask us about language assessments and to see if you qualify!
For more information and to sign up, please contact Mark at (306) 778 6262 or mark@newcomerwelcomecentre.com

Highway Hotline: 1-888-335-ROAD (7623)

This number gives up-to-date, current information about the condition of all the main roads in the province. You can also find information about road conditions on the net, on The Weather Network. Go to theweathernetwork.com. Near the top of the screen there is a dark blue bar, with several pull-down options. Towards the middle of that bar is the option Roads & Travel. Choose Highway Conditions. After that, it's self-evident.

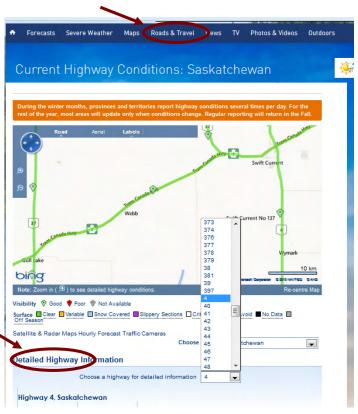
<u>Upcoming Clinics For Flu Shots:</u> Swift Current:

- * November 8th, 10am 4pm, City Hall;
- * November 12th 10am 4pm, Innovation Credit Union
- * November 14th, 9am 4pm, E.I. Wood Building **Ponteix:**
- * November 14th, 11am 4pm, Town Hall If you do not see your local community listed, it still may be yet to come. Log onto http://www.cypresshealth.ca/events.php?stamp=2013-11 for a list of still more flu clinics.

Duking It Out with the Doldrums

Even though winter may not seem so terrific, it brings a lot of good things. The joy of the holiday season is carried throughout the winter. We don't have problems with many insects and bugs that warmer areas of the world do because they cannot survive our winters. Sledding, snowball fights, snowmen, hot chocolate, snow pants, and roaring fires simply aren't the same in the scorching heat of August. The Southwest has some enviable sledding hills that most of the rest of the province doesn't have. Keep a positive attitude,

"From There to Here", on page 10 was written by our contributor, Mabel Derksen. Mable is Canadian by birth and East-Indian in ethnicity. Her teaching career is delightfully on hold as she parents her two beautiful children in Swift Current with the help of her husband, a full-time teacher. Mabel also enjoys writing, reading, scrapbooking, cooking/baking, nature hikes, and travelling.



FWRISA; Continued from page 3 ...

If an employer/recruiter: produces false or misleading information; takes a foreign national's passport, misrepresents employment opportunities; threatens deportation without cause; contacts a foreign national's family without consent; retaliates against a foreign national for making a complaint to any government agency; forces the foreign worker to use a specific immigration consultant; tries to collect the recruitment fee from the employee by withholding wages; operates without the above-mentioned registration; or charges recruitment fees directly to a foreign national she/he is breaking the law and will be subject to a fine and/or jail time.

The Act also requires that recruiter/consultant contracts be in writing; use clear, straightforward language; state the services to be provided; and to state the prohibitions mentioned above. Foreign nationals must also be given time to review a contract and can negotiate terms before signing.

In short, the FWRISA was put into place to offer protection against exploitation of newcomers to Canada.



Say it Again, Sam

When the winter has stretched on, almost to the point of ... ahem ... unbearableness, Canadians eagerly await the arrival of February 2nd, Groundhog Day. On this day, Shubenacadie Sam is in the spotlight, front and centre stage! Shubenacadie Sam is a groundhog who ... very aptly ... lives in Shubenacadie, Nova Scotia. Shubenacadie is a Mi'Kmaq aboriginal word and is pronounced with the same rhythm as hippopotamus. It is said that on the second of February, Shubenacadie Sam rouses, at last, from his long winter hibernation. While by this point in winter people are desperate for longer, sunnier days, on this day. everybody prays for clouds. Shubenacadie Sam, though wildly famous and beloved, is a timid groundhog. If he

pokes his head out on a sunny day, he will see his shadow and dash back in his hole, not to reemerge for another three weeks! If he isn't startled by the sight of his own shadow, he's out to stay, and an early spring is on its way. You can see why then, although people are starved for sun, they wish for clouds every year on the second day of February.



Punxsutawney Phil, circa 1956

Lest it be said that it is unfair for one lone ground-hog to decide the winter fate of all of North America, Shubenacadie Sam shares his duties with Wiarton Willie in Ontario, and Punxsutawney Phil (you're on your own pronouncing that one!) in Pennsylvania, USA. Though all three of these critters have to be well over a hundred years old, they seem to have drunk from the same fountain of youth as another winter icon, the bearded man from the North Pole. We can be confident, therefore, that all of them will be alive and well for many years yet to come.



Wiarton Willie, summer, 1921

February 2014								
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
						I		
2	3	4	5	6	7	8		
9	10	11	12	13	14	15		
16	17	18	19	20	21	22		
23	24	25	26	27	28			

IEMLY ARRIVED, AND REUNITE



Daisy, Ronnel, and family, newly arrived from the Philippines, in August.



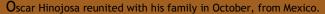
Diana and son Johan from Columbia reunited with husband/father in August.

n.b. The Halloween *characters* on the back cover, in the left photo, are also newcomers. Pictured L-R are, brother and sister, Luis and Camila Cabrales, and their mother, Nelcy Mendez.



Jeremiah Manuel (right) arriving from the Philippines in September, to be with his sister, Joyce Marzan, and brotherin-law James.

And perhaps the 'newest' arrival of all is baby Johann, born here in Canada!





After being separated many years, Ezekiel Camarador from the Philippines is reunited



